

Greece - Education - Games at feasts + festivals.  
Prehistoric 1) Americ - Boys instructed by men.  
- 776 BC. Arist, Chariot racing, boxing, wrestling, running.  
Hem - Javelin, bow, weight throwing.

800 BC. 2) Spartans.  
Military - Men served state.  
- Women bore soldiers.  
- Hard - male-dominated.

776 - 480 BC. 3) Athenians.  
Intellectual + cultural + moral.  
Liberal, progressive, democratic.  
Industry + Commerce.  
"Man of action" "Man of wisdom".  
No team play.

{ Palaestra - wrestling school.  
Didaskaleion - music school.  
Chariot + horse-racing, swimming.  
Olympics - dancing, boxing.  
Hero + god - worship under discipline.

4) Later Athenians. 'Golden Age'  
480 - 338 BC. After Persian Wars - defeat of Persians.  
Cosmopolitan capital of world.  
'Golden Age' - attracted brains of world.  
Destruction { 1) unlicensed freedom  
2) rugged individualism

Individualism, criticism, wealth, power.  
(Socrates, Aristotle, Plato (state))  
(Knowledge + virtue) (happiness).  
Professional + paid Olympics.



# EDUCATION

GREECE - Athens  
Sparta

- 1) Homer - wrote 1st Olympiad 776.
- 2) Sparta
- 3) Athenian 776 - end of Persian wars
- 4) Late Athenian 'Golden Age'

(+ Plato)

Greece - "The History of Education" Connelly, (individual)

- Attica - Athens - center of civilization & 2500 BC.
- Sparta - state was supreme - expression 1000 - 750 BC
- Homer, foll. by Spartan & Athenian.
- worship of gods - Zeus, Olympic Council.
- Homer - chirots, dancing, discus, wrestling.

"What constitutes the good in life?"

- Crickstone to emulate Gorts (12)
- Gymnasiums (public) (exercise in nude)
  - Palaestra (private)
  - Herds of boys - agoge - ephibes (13-14 YR.)
  - then basic training.

- Girls - 13-18 P.E. (unless married)

- 427-329 BC - Plato.

- Women - 'Place of women in society.'

- Training - psychological + physical.

- 2 separate trainings for men + women?

- male & female teachers -

- Plato - 'same job - same training in nude'.

Crete - Education was for all.

- ARKOS - father of boys.

Athens - Health, strength, agility, beauty.

- P.E. accepted the way of life.

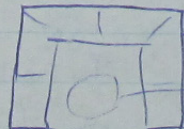
- citizens (male) free + exercisers.

- women ignored.

- education - music, grammar, gymnastics.

- palaestra - dressing-rooms.

(private)



exercise

- centre of discussion

- fighting in armour

- Paedotriches - 'rubber' & trainer of P.E.

- Training - specialize in stars.

OR - teach masses (classes)



- He owned building
- Gymnastes - coach of athlete. (public)
- P.E. vs. athletics.
- American Journal - women & competition.

350 BC. - Lycium, Academy, Gymnosarques.  
 (illegitimate)

Gymnasium

Academy - 5 + 6 century BC.

Lycium - head - gymnasiarch

Gymnosarques - professional athletics in disrepute.

- moral goal more important.

- Plato 'sound mind in sound body'.

- Aristotle - music, art - then sports.

- 'Discobolus'

- Ephesia temple of Athens as  
 lines combined with beauty.

- Foundation for Lycium, Gymnesia (Germany)  
 + Academy (145) Jan 9/61. Sports illus.

Alan Eliot. 'New like Gods'. 'Golden section'

- 'arête', excellence, perfect movement.

- Greek sculpture & art - unmatched.

OLD 276 BC Olympic Games. (all nude)

Olympic Games. Men - all-round - gods (physical)

776 BC - bronze, ivory, silver & gold from Egypt.

- marble copies of Egypt's art.

- bas relief - hockey or horse, chariots.

- bronze Charioteer - Delphi.

- wood, m. silver, onyx, red copper.

- Zeus - Body & Mind.

The Jockey - on horse or dolphin.

- The Boxer - bronze - Pome Apollonius  
 - realistic of Athens

Greece. Gymnastes had to compete in athletics.

Ames 23 chapter Iliad. Robert Graves.

Body Measured

3y' ~~6ft~~

SECTION  
 (FINGER, HEAD)



Games celebrated special events.

- worship of gods, funerals,

776 BC - Olympic Games - Mt. Olympus, Greece.

- 4 yrs. religious, free-born Greek men to participate in + watch.

- train + live at Mt Olympus later; to restrict entries,

- initially wrestling + running.

- then pankration or Pankrationism (combination of boxing + wrestling) (gouging + biting ruled out)

"Olympic Academy". Nat. Olympic Committee.

- 1958. "International Olympic Committee". IOC.

In Canada: Canadian Olympic Assoc. COA.

In Germany: National Olympic Committee NOC.

International Sports Orgs.

I A A F I. Intern. Amateur Athletic Federation.

F I N A

F I B A. Basket.

International Olympic Comm. IOC

Can Olympic Assoc. COA

~~National Olympic Comm. NOC~~

IF International Federation.

rules.

~~1961~~ 394-1896 No games.

1937. Baron Pierre de Coubertin. Youth + spirit.

1961. Olympic Academy. (Old Olympic Stadium)

Germany interested in antiquities.

(Greek Academy) Amer. School of Classical Studies - Athens + anthropology.

German Olympic Committee (Karl Dicks)

Present stadium. (3rd built)

776. 1st stadium ended at Zeus' altar.

Amer. Bundage. President Greek Academy.

Religious convocations.



776. Olympics.

1896. Revival of Olympics.

- 3<sup>rd</sup> stadium. Restoration Karl Dicks.
- tunnel entrance. (head of folk school)
- Olive + laurel wreath.
- Exchange of ideas + sports techniques.  
(sports vs. P.E.)
- Dicks "education through the body"

OLYMPICS

1896

spiritual, educational,  
Revival. (MODERN) IDEALS TO SOME COUNTRIES

- Performance of athletes, medical aspect.

1897- Arts + sciences.

1913- Psychology.

Olympic Games ideal of to-day's standards.  
Ruskin. (Educational)

- Olympic Games city - festival of arts  
must be given.

### Meaning of the Olympic Games.

"Useless symbol of whole world."

- Wild olive pond. Tents, sacrificial fire.
- Old Olympic - Victory - only reward (Olive branch)
- No records kept - art + beauty required.
- 456 BC - on - sculpture + art, poetry + philosophy.

Should be the same in feeling again.

Flame against man - not nation v. nation.

Harmonious development of whole being.

Professional aspect took over - wealth.

Renaissance of sport.

- A H Steinhaus 'The Whole Man', Science + Man.

Curlick  $\Delta$

Nothing new under the sun - training by

"running in sand"

Trained as 'shadow boxers'.

Relaxation studied

4 days training

'TRETAS' '~~tetas~~'

Greeks



- Problems.
- 1) Time for training.  
(Australia - 3 Mo. of training).
  - 2) Unfairness (?) of countries.  
Students.
  - 3) Money or independence means.
  - 4) Educational leaves.

### Fundamental Principles of Olympic.

- 1) Country who has an Olympic Committee.
- 2) "Olympic movement." PRINCIPLES
  - promote phy. & moral qualities (fine & good)
  - friendly amateur sport.
- 3) Youth of world - international goodwill.
- 4) Winter & summer games.
- 5) City applies. Mexico City. I.O.C.
- 6) by mayor requirements
- 7) Calendar year -
- 8) Amateur. Art. 26.
- 9) Games betw. individuals not countries  
- non political
- 10) Profits & funds - for devel. of amateur sport.

### I.O.C. Permanent Committee (French or Eng. speaking)

- 1) Limited members (1 or 2 members)

not rep. of country.

Canada A. S. Dames. C.O.A. (Montreal)

USA A. Brundage. (Chairman)

Sports bodies select teams for country.

- 1) Citizens
- 2) Regs. of sport.
- 3) Regs. of country.



Mexico. Junior Olympics  
Sport, Peace.

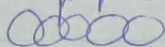
1968. Olympics

De Coubertin -

- 'Noble + chivalrous character of sports'
- Connection b/w. P.E. + Olympic Games ideal
- Training camps of 3 mths duration - athletes are supposed to be normal citizens.
- No doping or stimulants.
- Countries are limited for entry - standard.
- Ineligible - athletes \$50 or presents of same.  
- paid for training or paid in any way.

Olympic Library + Museum - Lausanne (Haukebos).

- Olympiad - must not be used.



"

in regional games.

- 1) Far + East 1913 - 1930.
- 2) Central - American (Caribbean)
- 3) Bolivian
- 4) Pan - American 1951
- 5) Mediterranean
- 6) Asian 1951.

Russia 1952.

Awards. Diploma of Merit. Pres. Roosevelt.  
to people + clubs.

1922. A.A.U. of Canada.

Age range 12 - 69 yrs. - Mostly youth.

Olympic Motto.

CITIUS, ~~FORTIUS~~, ~~ALTIVS~~, FORTIUS.

Further, higher, stronger.

Gold, silver, bronze, 3 certificates, all attendants  
get medals of commemoration.



P.E. is training for optimal personal fitness for fruitful creative life, physically, mentally, emotionally, socially & spiritually.

Physical. End - urality.  
Nerv - muscular.  
Endurance & strength.  
Flexibility.

P.E. is education through predominately physical activities  
Rodgers.

Modern Olympic Games. Origin Management Spirit

Concertin

Michael Bred - Marathon

1904 Olympics

Olympic Pakellentic 1906.

London & IV Olympics

Addition of Winter Olympics 1924. 1

" " China 1932

Russia 1952

In Australia (16<sup>th</sup> Olympiad - 72 nations)

IX Olympics. Grenoble. Music created - Greece

Modern Day Olympics.

Events (men women)

Place

Rules & regulations

Records & Record holders

Prizes & Awards



Old Olympic Games. 776 B.C. 5 days  
in length.

330 B.C. Stadium at Athens.

143 B.C. Rebuilt in marble.

Based on "individual excellence", crowned w. laurels.  
for art & beauty.

Pentathlon - 'Pentathlete' Greek ideal of

- ⑤ harmony & balance. - not 1-sided development
- 18th 1) Running - short & long races. (STADIUM LENGTH)
- Olympic 2) Jumping - long jump w. weights - 2 steps
- 3) Discus - 4 lb. stone or metal. - pined
- 4) Javelin - distance & form - (thong-spiked)
- 5) Wrestling - all round.

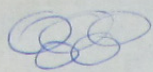
1) standing (3 falls)

PALAESTRA. 2) ground (to defeat)

Pythian Festival - music, chariot racing, horse racing.  
- Delphi - every 4 yrs.

Pan-Hellenic Games. Corinth - above + hosting.





## Modern Olympic Games. 1896.

~~1896~~  
Pierre de Coubertin. Some French apathy + British keenness.

1891-1892 - "Union des Sociétés des Sports Athlétiques"  
200 French athletic clubs.

1892 - Fr. + Eng. international games.

1896. I<sup>st</sup> Olympiad. Athens stadium rebuilt by Greeks.

Some countries opposed to gymnastics + sports.

U.S. + Britain only 2 keen on track + field.

8 countries U.S. Britain, England, Australia.

Germany, Sweden, Denmark, France, Hungary.

1912 VI Berlin - O.T.

XII Tokyo - O.T.

1940 XVIII Tokyo

1964 XVIII Tokyo

1968 XVIII Mexico City.

IX Innsbruck

Olympics (84 nations)

Winter (Jan 29 - Feb. 9<sup>th</sup>)  
(30 nations)

1924 I<sup>st</sup> Winter Olympics. Chamonix. 5 sports

Women. Appeared in II (1900) in tennis + (1904) archery.  
1900 both discontinued.

1912 - Swimming + diving.

1924 - Fencing + Winter sports.

1928 - Gymnastics + track + field.

Official Program

<u>Olympics</u>	<u>Winter</u>
1) Athletics (track + field)	7) Weightlifting
2) Gymnastics	8) Yachting
3) Sports of defense (boxing, fencing, wrestling, shooting)	9) Modern pentathlon
4) Water Sports (swimming, diving)	
5) Riding	
6) Cycling	





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